

Women's Health at MidState Medical Center presents:

Dinner With a Doc Spotlight on Women's Health

An Evening of Health Education... just for women!

Today's woman is busy. She has a career, a family, and a long list of things to do. Unfortunately, sometimes this means a woman puts her own health on the bottom of that to-do list. Women have to make their own health and well-being a priority. Education, prevention, and early detection are key to leading a long, healthy, and happy life.

Educate. Inform. Empower.



Taking Cardiovascular Disease to Heart

William Farrell, MD

Take this fact to heart: cardiovascular disease is the number one killer of women in the United States. Fortunately, you can make lifestyle changes to reduce your risk of a heart attack, stroke and other cardiovascular diseases. Join Dr. Farrell for this informative discussion to learn what you can do.



Staying Abreast of Your Breast Cancer Risk

Rajani Nadkarni, MD

Are you at risk for breast cancer? Would you know if you were? Dr. Nadkarni will discuss the hereditary factors that put women at risk for breast cancer, and give an overview of MidState's Risk Assessment Clinics, which help identify high-risk women in the community so that they can take steps toward prevention.



Finding Relief from Urinary Incontinence

Stephen Siegel, MD

If you suffer from urinary incontinence, you're not alone. Millions of women do. Luckily, women don't have to live with this frustrating condition. Dr. Siegel will offer insight into the latest treatments available for urinary incontinence.

DATE

APRIL 7, 2009
5:30 - 8:00 PM

LOCATION

GEORGES II
950 YALE AVE
WALLINGFORD
CT

FEE

\$25.00

REGISTER

694.8733

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Medical Center**

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